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# **Rat Diet: Feeding For Vitality, Longevity And In Old Age (The Scuttling Gourmet Series Book 1)**



## Synopsis

Rat Diet: Feeding for vitality, longevity and in old age, is the first ebook in The Scuttling Gourmet Series. It comprises a portion of The Scuttling Gourmet, but with enhancements. This series is intended to build into a digital copy of the bulk of The Scuttling Gourmet and is primarily designed for those who prefer the flexibility and features of this format. This book is perfect for anyone interested in feeding their pet rats in a way that will enhance their vitality and help them to live out a natural lifespan. It takes a detailed look at the nutrition a rat needs in order to maintain vitality and well-being throughout life. It uncovers the nutrients a rat's diet should provide, and looks at areas where deficiency might be a problem, before discussing supplements and when these might be needed. There is a close look at phytonutrients, along with the fresh foods that will help boost immunity and health, plus chapters on feeding elderly rats and feeding a soft diet. The whole premise is that diet and methods of feeding throughout life, can affect both well-being and longevity. If you want to know how best to feed your rats, in order to help them to achieve a long life - or how to feed them in their old age - this book is for you. Find answers to questions like: Is there something I can feed to boost my rat's immunity? What's the best way to feed groups of rats to keep them at a healthy weight? Why are fresh foods important for rats? Is fasting good for rats? Which supplements will really help my rats to thrive? Where can I get the supplements you recommend? How can I feed a soft diet to my old rat and still make sure he gets all the nutrients he needs? Alison Campbell has researched and written widely on the subject of rat nutrition over the past 15 years. Her book, The Scuttling Gourmet, is now in its 4th edition and is widely recommended by experienced rat keepers.

## Book Information

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